

CALIFORNIA SCHOOL FOR THE DEAF SPORTS CAMP

AUGUST 7 - 11, 2023 7:30-8:00AM

ORANGE JUICE

FRUIT BAR

7:30-8:00AM

ORANGE

SECTIONS

7:30-8:00AM

ASSORTED JUICE

FRUIT BAR

7:30-8:00AM

APPLE JUICE

FRUIT BAR

7:30-8:00AM

GRAPE JUICE

FRUIT BAR

| WG ASSORTED CEREAL BOILED EGG WGR WAFFLE SYRUP MARGARINE JELLY CATSUP LF MILK, SOY MILK NF CHOC MILK | WG ASSORTED CEREAL WGR PANCAKES SAUSAGE LINKS SYRUP, MARGARINI CATSUP LF MILK, SOY MILI NF CHOC MILK | MARGARINE JELLY | FRUIT BAR WGR ASSORTED CEREAL FRENCH TOAST STICKS BACON JELLY SYRUP ,LF MILK NF CHOC MILK | WGR ASSORTED CEREAL SCRAMBLED EGG BREAKFAST POTATO WGR TOAST MARGARINE, JELLY CATSUP , LF MILK NF CHOC MILK |
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| 12:00-12:30PM GARDEN BAR LF/FF DRESSING MELON SLICE PULLED PORK SANDWICH SUN CHIPS SAUTEED GREEN BEANS BBQ SAUCE LF MILK SOY PUNCH LUNCH AND DINNER EACH | 12:00-12:30PM GARDEN BAR LF/FF DRESSING SLICED APPLE BURRITO REFRIED BEANS MEXICAN CORN SALSA, SOUR CREAM CHURRO LF MILK SOY PUNCH | 12:00-12:30PM GARDEN BAR LF/FF DRESSING FRUIT BAR FRESH FRUIT SPANISH MACORNIA BROCCOLI DINNER ROLL MARGARINE LF MILK SOY PUNCH | 12:00-12:300PM GARDEN BAR LF/FF DRESSING FRUIT BAR FRUIT SALAD CEASAR SALAD CHEESE RAVIOLA WITH MEAT SAUCE GARLIC BREAD PEAS LF MILK SOY | 12;00 - 12;30 GARDEN BAR LF/FF/DRESSING FRUIT BAR FRESH FRUIT BABY CARROTS WITH RANCH DRESSING DELI SANDWHICH HAM, TURKEY CHEESE MAYO MUSTARD POTATO CHIPS POPSICKLE LF MILK, SOY MILK |
| 5:00 - 5:30 GARDEN BAR FRUIT BAR FRESH FRUIT LEMON CHICKEN RICE PILAF PRINCE EDWARD VEG POT STICKERS SWEET SOUR SC DINNER ROLL MARGARINE LF MILK SOY MILK NF CHOCOLATE MILK | 5:00 – 5:30 GARDEN BAR FRUIT BAR SLICED MELON ROAST TURKEY BREAD DRESSING MASHED POTATO GRAVY BABY CARROTS DINNER ROLL MARGARINE LF MILK SOY MILK NF CHOCOLATE MILK | 5:00 - 5:30 GARDEN BAR FRUIT BAR FRESH FRUIT SHRIMP CHOW MEIN SOY SAUCE EGG ROLL SWEET SOUR SC FORTUNE COOKIE LF MILK, NF CHOC MILK | 5:00 - 5:30 GARDEN BAR FRUIT BAR FRESH FRUIT COUNTRY FRIED STEAK MASHED POTATO GRAVY BROCCOLI DINNER ROLL MARGARINE LF MILK SOY MILK NF CHOCOLATE | *Contains pork **Menu subject to change without notice** Have a great weekend! |